



**CROSS COUNTRY. THE ONLY SPORT
THAT EMBRACES RUNNING.**

No pads, no helmets, no knee protectors. Only pure grit and effort. There are no timeouts, no play clock, no whistle. It's just you, the gun, and the guys around you. It's more than a test of running ability or aerobic capacity. It's a test of your humanity, your ability to survive and thrive against the elements, the competition, your deepest fears. Embrace the pain. **Run like a wildcat.**